



EAST CATHOLIC HIGH SCHOOL



COVID-19 Management Plan
Return to In-Person Instruction
2020-2021

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MISSION OF INSTRUCTION AT EAST CATHOLIC

During these challenging times, we will be relying on the East Catholic family to work together like never before. We plan to be in **The Green Phase** by Monday, September 28th, with all students who are able to be on campus for in-person instruction. Because we will have so many new protocols in place, we will begin with a training period for all students, faculty, and staff. Beginning with grade level orientation days on September 1st through 4th, followed by 50% capacity from September 8th through 25th, we will be training everyone while learning both in-person and remotely.

East Catholic High School has consulted with the State of Connecticut, the Archdiocese of Hartford, health officials, and our Advisory Board for the past two months to establish and develop the safest and most effective plan possible. We are confident in the safety of our plan, but we also remain ready to adjust should the need arise. As we demonstrated in the Spring of 2020, we can continue to deliver remote learning for all should the need arise.

EXPLANATION OF MODELS

The Red Phase: School is closed for in-person instruction. All instruction must be provided via remote learning using digital and non-digital platforms, very similar to how last year ended.

The Yellow Phase: School provides a hybrid blended model of in-person instruction and remote learning instruction. We will follow the health and safety guidelines outlined in the Green Phase. In this phase, we will alternate days with half the class coming to school to receive in-person instruction while half the class live streams the school day from home.

The Green Phase: School conducts all in-person instruction with strict adherence to health and safety guidelines. These guidelines include but are not limited to:

- All desks are facing the same direction.
- Desks are spaced out as physically possible. Students will wear masks at all times.
- Masks will be worn in all common areas of school.
- Hand sanitizing dispensers are available in each classroom and office space.
- Students are allowed to wash hands as often as possible.
- Classroom surfaces are cleaned with disinfecting wipes at the end of each period.
- Restrooms are cleaned at least three times a day.

- Lunches will be organized in classrooms or in cafeterias where space allows for socializing with 6-foot distancing.

WELLNESS CHECKS AND PROTOCOLS

- Wellness checks and protocols need to begin at home prior to arriving at school for the day.
 - Take temperatures prior to leaving for school. Anyone with a temperature over 100 degrees will need to remain home and, if well enough, participate in remote learning.
 - Students and staff should self assess daily to identify fever and other possible symptoms of COVID-19, including cough, shortness of breath, difficulty breathing, chills, muscle pain, headache, sore throat, or new loss of taste and smell
 - Students and staff must stay at home when they are sick.
- Students and staff who arrive from out of the country or state must follow State of Connecticut guidelines regarding quarantine before returning to school. It is the family's responsibility to notify the school and make arrangements ahead of time.
- In the event that a student or staff member becomes symptomatic of COVID-19 while in the building, they will wait in an isolation room across the hall from the nurse's office until they receive a ride home.
- In the event that a student or staff member tests positive for COVID-19, we will follow remote learning protocol for 2-5 days.

HEALTH AND SAFETY UNDER GREEN AND YELLOW MODELS

In both Yellow and Green models, students, faculty, and staff will be in-person for all or part of the time; therefore, the health and safety protocols will be in place for either yellow or green. Masks must be worn at all times: in classrooms, hallways, stairwells, etc. The only times masks may be removed is when students are eating lunch, six feet apart from one another. Plexiglass barriers are being installed in high traffic areas.

CLASSROOM SETUP AND DESK SPACING

- Desks will face in the same direction and maintain 3 foot spacing in all directions.
- Masks must be worn at all times.
- Class size will be no larger than 25 with appropriate spacing.
- Classes will end a few minutes early in order to sanitize for the next class.

BATHROOM USAGE

- Passes must be obtained from a classroom teacher to use the bathroom.
 - Students may not use bathrooms during passing time.
- Students should use the bathroom closest to their classroom.
- When appropriate and allowable, doors will be propped open.
- Bathrooms will be closed on a rotational basis twice during each school day for cleaning and disinfecting. Another thorough cleaning of the school will take place each night.

LOCKER USAGE

Hallway lockers will not be used at this time to minimize time spent in hallways. Students will be allowed to carry their backpacks, and other necessary belongings with them throughout the day. Please only bring to school what is needed for the day.

DIRECTIONS OF HALLWAYS AND STAIRWELLS

Moving about the building will be very important for the safety of all members of our community. This protocol will take some of the hardest work, and change of routine.

- Hallways will be one way travel only.
 - The first floor will be one way from staircase E to staircase A
 - The second floor will be one way from staircase A to staircase E
 - Staircase A will only go up
 - Staircase B will only go down
 - Staircase C will only go down
 - Staircase D will only go up
 - Staircase E will only go down

WARM WEATHER PROTOCOLS

As is often the case in the early fall we may experience high temperatures in the building. Per Connecticut state guidelines, fans are not allowed in the classrooms, or other parts of the school. Water fountains at the school are currently shut off. Students and staff are encouraged to bring their own filled water bottles.

We will make the following exception to our dress code until further notice:

- Boys may wear khaki or navy shorts (no cargo shorts)

IMPORTANT: ACCURATE STUDENT REGISTRATION

If you have not done so already, please submit your enrollment contract and complete this registration form notifying East Catholic of your plan for this year. It is imperative that we have an accurate count of students planning to attend in person, in order to assure responsible class sizes. Please complete a form for each student in your household.

OPTIONS FOR REMOTE LEARNING

We know that circumstances during this time vary by family, and we are doing our best to provide some flexibility. Depending on what phase we are in, families can choose to switch between in person or full distance learning at the end of the training period. However, once a family has opted to switch, that decision will remain in effect until the school either switches phases, or until the end of the next quarter. Please notify your child's school counselor if you choose to change modes of learning.

UPDATED CALENDAR

Classes Starting After Labor Day

Tuesday, September 1 st	Orientation – Grade 12 (8:00 a.m.-12:30 p.m.)
Wednesday, September 2 nd	Orientation – Grade 11 (8:00 a.m.-12:30 p.m.)
Thursday, September 3 rd	Orientation – Grade 10 (8:00 a.m.-12:30 p.m.)
Friday, September 4 th	Orientation – Grade 9 (8:00 a.m.-12:30 p.m.)
Monday, September 7 th	Labor Day – NO SCHOOL
Tuesday, September 8 th	First Day of Classes(Blue Group, 7:30 a.m.-2:00 p.m.)
Wednesday, September 9 th	First Day of Classes(White Group, 7:30 a.m.-2:00 p.m.)

During the training period, we will continue to alternate Blue and White groups until Friday, September 25. Families will be notified electronically about which group their student(s) are in. We are ensuring that all siblings are in the same group. **When students are not in-person, they will be expected to watch the class concurrently via live stream, and attendance will be taken.**

TRANSPORTATION

ARRIVING TO SCHOOL

- School entrances will open at 7:00 AM
- All external doors will be unlocked, and students who drive to school will enter through the closest entrance to their parking spot.
- Student athletes who need to drop off equipment should enter through gym area, drop off bags, and head to first period classroom.
- Hallways and stairwells will be one-way only and will require some getting used to.
- The Main Office opens at 7 a.m. and closes at 3 p.m.
- Juniors and Seniors who have first period free may arrive for their first scheduled class. They must enter through the main entrance and use their ID cards to sign-in at the Main Office upon arrival

AFTERNOON PICK-UP/DISMISSAL

- At this time, the library will be closed after school. We apologize for the inconvenience.
- Please utilize the same doors that you arrived in for dismissal. If students must wait after school for a ride, please avoid congregating in groups to ensure social distancing.
- After the completion of fifth period, juniors and seniors who have either last free or last two periods free may leave early
 - If a freshman or sophomore has a last period free their parent or guardian may send a note or call the Main Office to allow for an early dismissal.
- Prompt pickup from school or after-school activities is greatly appreciated.

BUSING

Both Manchester and Cheney Tech busses are running a normal schedule.

SCHEDULE

Period	Min	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
HR/1	46	7:32-8:18	A	H	G	F	E	D	C	B
2	42	8:23-9:05	B	A	H	G	F	E	D	C
3	43	9:10-9:53	C	B	A	H	G	F	E	D
4	42	9:58-10:40	D	C	B	A	H	G	F	E
5a	23	10:45-11:08	E	D	C	B	A	H	G	F
5b	23	11:11-11:34	E	D	C	B	A	H	G	F
5c	23	11:37-12:00	E	D	C	B	A	H	G	F
5d	23	12:03-12:26	E	D	C	B	A	H	G	F
6	42	12:31-1:13	F	E	D	C	B	A	H	G
7	42	1:18-2:00	G	F	E	D	C	B	A	H
Drop			H	G	F	E	D	C	B	A

LUNCH

As seen in the schedule above, we will have four lunch waves each day with the following protocols:

- Cafeteria tables will be removed.
- Individual desks will be placed at least six feet apart.
- Desks will be sanitized between lunch waves.
- The line for grab and go food will maintain social distancing and masks are required.
- Students will need to use their ID cards to purchase lunch. Cash will not be accepted at this time.

ATHLETICS

The Athletic Department has been working with the CCC conference and state officials at the CIAC to continue to update our fall plan. Currently the CCC and CIAC have condensed the fall seasons and scheduled contests through a regionalization process. The focus this fall will be giving student-athletes an opportunity to play the sports they love while adhering to safety protocols. The plan is to have students regain all the physical and mental health benefits that sports provide. We are working with our health professionals and athletic trainers to produce Athletic Training Room and locker room schedule and protocols, as well. Also, physical exams are now valid for a 15 month period to begin participation, due to the high demand of medical appointments. The following dates have been provided by the CIAC:

- **CROSS COUNTRY, FIELD HOCKEY, SOCCER, GIRLS VOLLEYBALL, GIRLS SWIMMING, CHEERLEADING**
 - First Practice Date – August 27th – Cohorts of 15 student-athletes
 - First Full Team Practice Date – September 11th
 - First Date of Regular Season games – September 24th

- **FOOTBALL**
 - First Practice Date – August 17th – Cohorts of 15 student-athletes
 - First Full Team Practice Date – September 11th
 - First Date of Regular Season games – September 24th

Please understand, as more data and the health metrics are updated, this plan may change. We will keep our coaches and families updated as we learn more about any new guidelines or recommendations.

FINE ARTS

We are committed to provide Fine Arts opportunities in as traditional and safe an experience as possible for all students. Information surrounding fine arts will be forthcoming.

EXTRACURRICULAR ACTIVITIES

There will be opportunity for students to safely participate in extracurricular activities, whether in person or virtually. These will be determined on a case by case situation. Information surrounding these activities will be available during the first weeks of school.