

East Catholic Athletics
Interest Form and Checklist
Jon Dahlquist, Dean of Wellness and Athletics
Chad Malone, Assistant Athletic Director



Dear Member of the Class of 2025:

On behalf of the coaches and Athletic Department of East Catholic High School, we welcome you to the East Community. The Athletic Department wishes you the best during your four years at East, and encourage you to become involved in the many activities we offer. Obviously, we hope you will become involved in one or many of our athletic programs. Listed below are the sport offerings by season. We would ask you to circle the sport(s) you are interested participating in. May you enjoy the rest of your school year and we hope to see you in the Fall of 2021!

PLEASE CIRCLE ONLY ONE SPORT PER SEASON (Fall/Winter/Spring)

FALL:

Boys:

Cross Country
Football
Soccer

Girls:

Cross Country
Cheerleading (two season sport)
Soccer
Swimming and Diving
Field Hockey
Volleyball

WINTER:

Boys:

Basketball
Ice Hockey
Indoor Track
Swimming and Diving
Wrestling

Girls:

Basketball
Ice Hockey
Indoor Track
Cheerleading (two season sport)

SPRING:

Boys:

Baseball
Golf
Tennis
Lacrosse
Outdoor Track

Girls:

Softball
Golf
Tennis
Lacrosse
Outdoor Track

Contact Information (Please share your contact information with us, so that we may notify you when tryouts occur.)

Student Name: _____

Student Address: _____

Parent/Guardian Name: _____

Parent/Guardian Email Address: _____

Parent/Guardian Primary Phone: _____