



SPORT PRACTICES/TRYOUTS-----FALL/2010

Listed below are the “opening” practice/tryout sessions for fall sports at East Catholic High School. All candidates are expected to attend these sessions!

Candidates are reminded that “two” important forms must be completed in order to practice (no exceptions). The physical form, once completed, is good for the entire school year!

The two forms are:

1. PARENT PERMISSION FORM
2. MEDICAL/HEALTH FORM

Practice times are as follows for the fall sports:

1. Boys/Girls Cross-country: Monday, August 30, 2010 at 5:00 pm
2. Football: Grades 10-12 on Wednesday, August 18, 2010 at 5:00 pm
Grade 9 on Monday, August 30, 2010 at 2:30 pm
3. Soccer/Boys: Saturday, August 28, 2010 at 10:00 am
4. Soccer/Girls: Saturday, August 28, 2010 at 8:00 am
5. Swimming/Girls: Team meeting on Monday, August 23, 2010 at 6:00 pm in the cafeteria
6. Volleyball/Girls: Monday, August 30, 2010 at 3:00 pm

For all team practices and meetings, please report to the foyer area of the gym located in the rear of the school.

Any questions concerning practices and forms may be directed to Mr. Tom Malin, Athletic Director, at 647-8627!

Enjoy the weeks of summer!